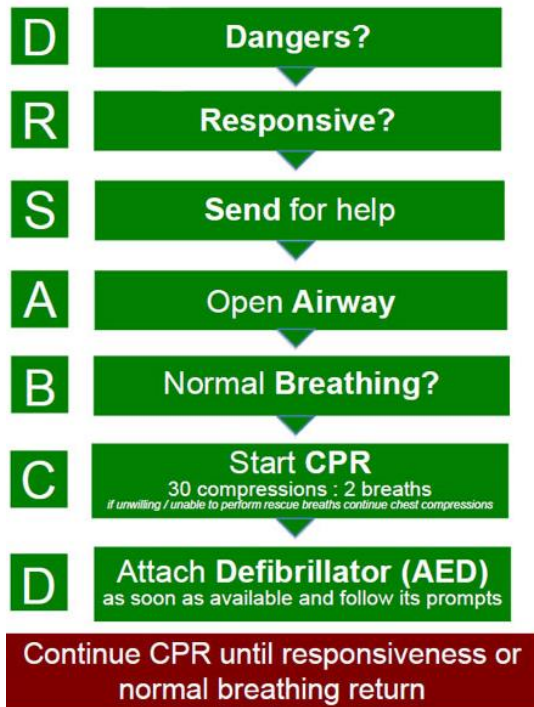


Basic Steps for Using the LIFEPAK CR Plus

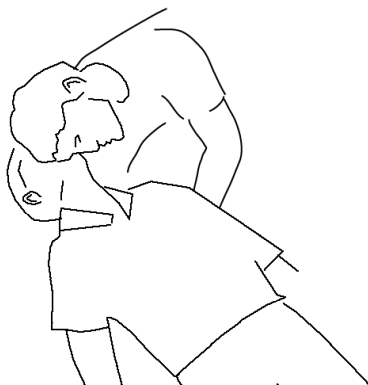
1 - Assess the scene and the patient



Do not place yourself in DANGER!

Check for a response - a person in Cardiac Arrest will not respond when you try to shout to them or tap hard on their shoulders

Look, listen and feel for breathing for 10 seconds....watch for chest movement



If the victim is not responding, not moving and not breathing normally or not breathing at all **CPR is required** and a Defibrillator should be located if possible

CALL 999 and request an ambulance clearly stating Cardiac Arrest

2- Using the Defibrillator

Ideally do not interrupt CPR while getting the Defibrillator set-up

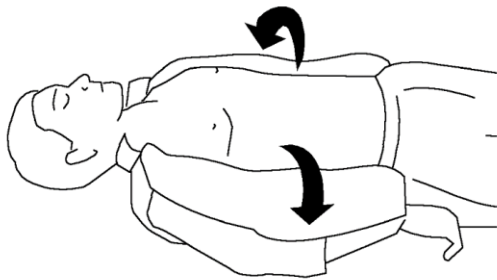
Place your defibrillator near the patient and on the side next to you

Press the ON/OFF button to open the lid and turn on your defibrillator

Remain calm

Your Defibrillator will guide you through the defibrillation process

Expose the patient's chest



A razor and scissors are provided in the Defibrillator case

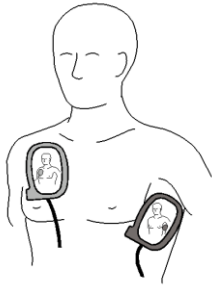
Cut through a bra if present; if the chest is excessively hairy, quickly shave the hair in the area where you will place the pads

If the chest is dirty or wet, wipe the chest clean and dry

Tear open the electrode packet completely to remove the pads



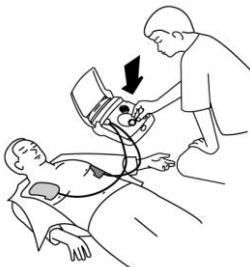
Apply the electrode pads firmly to the patient's bare chest as shown on the pads



Listen to voice instructions and do not touch the patient unless instructed to do so



If the defibrillator determines that a shock is needed, the defibrillator will announce **PREPARING TO SHOCK** and then instruct you to **PRESS FLASHING BUTTON**



Do not touch the victim while a shock is delivered

Continue to follow voice prompts

Even if the victim starts to move, cough or show signs of breathing do not remove the pads or disconnect them from the Defibrillator until emergency services arrive.

